



Ankylosing Spondylitis Victoria Inc Annual Report 2017

Our Purpose

Ankylosing Spondylitis Victoria Inc peer support group is an organisation of people who wish to improve knowledge of AS and the ability to manage the condition. Our group embraces the goals and objectives of people and families living with Ankylosing Spondylitis.

Our Mission

1. Provide a forum for the exchange of information ,ideas and experiences .
2. Distribute information to patients and medical professionals on Ankylosing Spondylitis.
3. Provide information to the public about the condition, it's symptoms and treatment options through our website
4. Provide and co-ordinate educational information , events, workshops and seminars on Ankylosing Spondylitis .
5. Co-ordinate and interact with local, interstate and international Arthritis and peer support groups including participation in their events and activities .
6. Arrange social events and activities, for our group members family and friends.

Contents

Page 2 Presidents Report

Page 3 Treasurer Report

Page 4 Financial Statement

Page 5 Committee Declaration

Page 6 Independent Review of Accounts

Page 7 Seminar and Arthritis Information Stand

Page 8 International Spondylitis Day at Berwick
and North Fitzroy Dinner

Page 9 SAHAMRI Conference and 2016 AGM

Page 10 Your Committee and our supporters

Annual Seminar



Presidents' Report for 2017

Ankylosing Spondylitis Victoria Inc 2016/2017 year has been successful due to increased awareness through social media, the internet, our events and educational activities.

At our AS Information Seminar ,October 2016 rheumatologist Dr. Christopher Mack covered new medications and treatment plans for AS. Associate Professor Lyndell Lim provided an excellent presentation on Inflammatory Eye Disease. Belinda Coulter physiotherapist from Caulfield Community Health Service, provided an informative talk on exercise and the AS exercise program they run. Dr. Lionel Schachna, an Austin Health consultant rheumatologist and our clinical advisor, led the question and answer panel at the conclusion of the seminar. Participants were able to interact during the event and the refreshment break.

During Arthritis Awareness week in March 2017 and Healthy Active Bones Week in August 2016, AS Victoria Inc. again provided an Arthritis and AS Information stand at Austin Health, Repatriation Campus ,Tobruk Centre ,Heidelberg. Patients attending the Rheumatology and Spondylitis Clinics were provided material on arthritis and AS. We fielded enquiries from 45 people. Health professionals from the clinics, and the Austin Health, Consumer Engagement team agreed it is a very worthwhile activity.

Caulfield Community Health Service, Physiotherapy Department's AS Education and Exercise program continues to provide an excellent educational and practical program with courses in October 2016 and May 2017, several of our members attending. We would like to thank Belinda Coulter, Physiotherapist and program leader, for the opportunity to contribute to this program and for her enthusiastic advocacy of our Peer Support Group.

The North Fitzroy Arms Hotel dinner in February was well attended by new and current members, likewise, the old Berwick Hotel lunch in May, on World Spondylitis Day. It is great to see the regulars eager to help and welcoming new members. Coffee & Chat Meetings at Alphington Community Centre have been the scene of many informative exchanges. Our Vice President, Adam Collard continues get-togethers at Leongatha RSL and Korumburra Recreation Community Centre, with new and current members attending. In April Adam joined other community groups volunteering in the Health and Wellbeing Centre pavilion at Farmworld exhibition, Warragul

The AS Group of Queensland team, continue to provide expertise and great articles for our national AStretch AS newsletter. Our web site (www.asvictoria.org) includes archived AStretch newsletters and a list of events. AS Victoria Inc. Facebook page (<http://www.facebook.com/asgroupvic>) posts articles and items from bona fide local national and international health organisations.

During the year I spoke with medical students at Melbourne University, Medical School and Monash University, General Practice School. A group of AS Vic. volunteers accompanied me to Monash and our patient perspective talks were warmly received by students and tutors alike. The discussion "Living with a chronic condition and a patient perspective of the healthcare sector" imbued the students with a different perspective of healthcare management.

As a consequence of my active support for musculoskeletal healthcare research, I was invited to attend the Australian and New Zealand Musculoskeletal Clinical Trials Network (ANZMUSC) Annual Scientific Conference in May. It was a great opportunity to participate in the review of scientific research papers and program along with other members of the Consumer Advisory Group. In addition, our AS Vic. was highlighted when I presented a discussion on the value of peer support groups and increasing awareness of a chronic musculoskeletal condition.

Presidents Report continued...

We acknowledge the ongoing support of The Victorian Department of Health and Human Services. Our group continues to work with MOVE muscle, bone and joint health peer support group (PSG) network. We have been fortunate to co-ordinate with several PS groups in Korumburra, Mornington and the Young Women's Arthritis Support Group (YWASG). Our AS Vic. PSG committee and volunteers are a group of people who live with AS or support people on a daily basis and we could not function without them. Our thanks and appreciation are extended to all who contributed throughout the year.



Annie McPherson President

30/07/2017

*Research:
Patient advocacy*



Treasurers Report 2017

AS Victoria holds almost \$16,000 of total assets at 30 June 2017, comprising \$3,167 in cash and a \$ 12,654 in term deposit. Our financial assets increased by almost \$ 1,000 during the year.

We have 66 registered members at the end of the year including 20 complimentary members.

Our main expenditure during the year related to the annual AS seminar and printing of our newsletter and other resources. Other major costs included PO Box and website expenses, printing, subscriptions and postage.

During the year, our major source of funding was a \$ 2,710 grant from the Victorian Department of Health and Human Services. We have applied for additional grants from the Department and, if successful, we should receive annual grants of around \$ 3,000 in the 2017-18 and 2018-19 years. Other sources of income included membership fees and donations, seminar income and interest.

We look forward to another successful year in 2017-18.



Paul Fallon CPA Treasurer

13/08/2017

AS Victoria Inc Financial Statements	2017 Year	2016 Year
ACCOUNT Balance (previous year)	\$ 14,825	\$ 12,886
Add INCOME		
Membership fees	595	775
Donations From Membership	245	232
Donations from Events	70	10
Grants & Other	2,710	2,710
Seminar Income	64	793
Interest	201	299
DVD Sales	0	0
Total	\$ 3,885	\$ 4,819
Less Expenditure		
Postage	189	206
Printing	407	585
Ink Cartridges	222	215
Stationery	183	36
PO Box / Web Site	367	356
Meeting Costs	749	405
Meeting Costs/Catering	325	409
Subscriptions	203	200
Gifts	28	42
DVD/Booklet Purchases	0	145
Miscellaneous	216	280
Total	\$ 2,889	\$ 2,879
BALANCE AT BANK	\$ 15,821	\$ 14,825
BANK RECONCILIATION		
Cash at bank	3,167	1,869
Term Deposit	12,654	5,513
iSaver/Classic	0 *	7,443
Unprocessed payments	0	0
BALANCE AS ABOVE	\$ 15,821	\$ 14,825

* iSaver now Term Deposit
due to fall in Interest rate

Coffee and Chat meetings



Promotion of Warm Water Exercise



SCHEDULE 1

(Regulation 15)

FORM 1

Associations Incorporation Act 1981
Sections 94(2)(b), 97(2)(b) and 100(2)(b)



ANNUAL STATEMENTS GIVE TRUE AND FAIR VIEW OF FINANCIAL POSITION OF INCORPORATED ASSOCIATION

We, Adam Collard and Vicky Genius, being members of the Committee of the Ankylosing Spondylitis Victoria Inc, certify that—

The statements attached to this certificate, give a true and fair view of the financial position of the Ankylosing Spondylitis Victoria Inc during and at the end of the financial year of the association ending on 30th June 2017

Signed: *A. Collard*

Adam Collard

Dated: 24/07/2017

Signed: *V. Genius*

Vicky Genius

Dated: 24/07/2017



Social Dinners



Astretch Newsletter

LINDSAY ILES & CO.

ABN: 57 957 081 787
Chartered Accountants

Principal: David L. Ackland FCA
A.C.I.M., F.T.I.A., A.C.I.S.

INDEPENDENT AUDIT REPORT TO THE MEMBERS OF ANKYLOSING SPONDYLITIS VICTORIA INC.

SCOPE

We have audited the Statement of Income and Expenditure being a special purpose financial report for the year ended 30th June 2017. The office bearers of the entity are responsible for the preparation and presentation of the Statement of Income and Expenditure. We have conducted an independent audit of the Statement of Income and Expenditure in order to express an opinion to the members of the Entity on its preparation and presentation.

Our audit has been conducted in accordance with Australian Auditing Standards. To provide reasonable assurance as to whether the Statements of Income and Expenditure are free of material misstatement. Our procedures included examination on a test basis of evidence supporting the amounts and other disclosures in the Statement of Income and Expenditure and the evaluation of the accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion as to whether, in all material respects, the Statement of Income and Expenditure is presented fairly in accordance with Accounting Standards and other mandatory professional reporting requirements so as to present a view of the entity which is consistent with our understanding of the results of its operation.

The audit opinion expressed in this report has been formed on this basis.

QUALIFICATION

As an audit procedure it was not practical to extend our examination to all sources of transactions beyond the accounting for amounts as shown by the books of the committee. Where some supporting documentation could not be sighted, the Secretary's assurances of these matters have been accepted.

AUDIT OPINION

In our opinion, subject to the effects on the Statements of Income and Expenditure of the matters referred to in our qualification paragraph, the Statements of Income and Expenditure present fairly in accordance with applicable Accounting Standards and other mandatory professional reporting requirements the financial position of Ankylosing Spondylitis Victoria Inc. as at 30th June 2017.


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DAVID ACKLAND, FCA
14th August 2017

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*Practical training for
medical students*



AS Victoria Inc Seminar October 2016 @ Austin Hospital: Belinda Coulter, Chris Mack, Lionel Schachna and Simon von Saldern (seated).



Arthritis information stand @ Austin Health, Repatriation Campus in the Tobruk Centre for Arthritis Awareness Week in March and Healthy Bones Week in August Tracey, Jan and Maria



International Spondylitis Day
@ Berwick Inn May 2017.



North Fitzroy Arms Hotel Dinner @ Fitzroy February 2017
Left to Right –Paul, Miriam (hidden) Annie, Jenifer, Vicky and Ellen

SAHMRI—ANZMUS Conference Adelaide May 2017 :
Suzie Edward May, Linda Spurrier ,Annie McPherson and Ornella Clavisi



AS Victoria Inc Annual General Meeting 2016 @ Austin Hospital
Left to Right : Annie McPherson, Adam Collard , Paul Fallon,
Vicky Genius. Shayne van der Heide and Maria Makris not pictured.



Committee members of AS Victoria Inc 30 June 2017 -

Adam Collard (Vice President & Gippsland Region Representative)

- Member from 2006 , lives in Korumburra
- Facility Superintendent
- SGASG convener and Community volunteer

Annie McPherson (President)

- AS Victoria Inc founder and member from 2005, lives in Kew
- Retired IT- Business Analyst
- Community volunteer

Maria Makris (Committee Member)

- Founding member from 2005, lives in Doncaster East
- Secondary Teacher

Paul Fallon (Treasurer)

- Member from 2013, lives in Wheelers Hill
- Part-time financial and due diligence consultant to Government

Shayne van der Heide

- Member from 2015, lives in Wantirna South
- Tertiary Educator/ Manager
- SES & St John Ambulance Volunteer

Vicky Genius (Secretary)

- Member from 2011 , lives in Northcote
- Retired Finance employee
- Community Volunteer

Candidate for the committee 2017/2018 Year -

Maeve McGoohan

- Member from 2016 , lives in Balwyn North
- Retired Bank Employee
- Community volunteer



Peer Support Meetings

AS Victoria Inc has support from and interaction with many organisations and individuals these are our main connections.

- Austin Health Spondylitis Clinic - Lionel Schachna (Rheumatologist)
- Ankylosing Spondylitis Group of Queensland
- Caulfield Community Health Services (CCHS) - Belinda Coulter (Physiotherapist)
- Chronic Illness Alliance
- Collective of Self Help Groups
- Donegan's Accountants
- Health Issues Centre
- Hydrohealth - Margaret Lewington (Physiotherapist)
- MBE Printing Services Kew
- Move muscle bone & joint health Ltd



Promotion of exercise such as Nordic Walking

International Bodies

- Ankylosing Spondylitis International Federation (ASIF)
- National Ankylosing Spondylitis Society (NASS) UK

Ankylosing Spondylitis Victoria Inc

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